

## Medulloblastoma – Brief Information

Copyright © 2024 Competence Network Paediatric Oncology and Haematology Author: Maria Yiallouros, Editor: Maria Yiallouros, Release: Dr. med. Martin Mynarek, English Translation: Dr. med. Gesche Riabowol (geb. Tallen), Last modified: 2024/10/08

Kinderkrebsinfo is sponsored by Deutsche Kinderkrebsstiftung



## **Table of Content**

| 1. General information on the disease  | 3  |
|--|----|
| 2. Incidence   | 3  |
| 3. Causes  | 4  |
| 4. Symptoms  | 4  |
| 4.1. General (nonspecific) symptoms  | 4  |
| 4.2. Local (specific) symptoms   | 4  |
| 5. Diagnosis   | 5  |
| 5.1. Tests to secure diagnosis   | 5  |
| 5.2. Tests to assess spread of disease   | 6  |
| 5.3. Tests before treatment begins   | 6  |
| 6. Treatment planning  | 7  |
| 6.1. Classification of Medulloblastoma   | 7  |
| 7. Treatment   | 8  |
| 7.1. Surgery   | 8  |
| 7.2. Additional, non-surgical treatment  | 9  |
| 7.2.1. Treatment of low- and standard-risk medulloblastoma in patients           |    |
| older that 3-5 years   | 9  |
| 7.2.2. Treatment of high-risk medulloblastoma in patients older that 3–5 years 1 | 10 |
| 7.2.3. Treatment of children younger than 3–5 years                              | 10 |
| 7.2.4. Treatment in case of relapse  | 11 |
| 8. Therapy optimising trials and registries                                      | 11 |
| 9. Prognosis   | 12 |
| Bibliography   | 14 |
| Glossary   | 16 |

Page 2

4

## Medulloblastoma – Brief Information

### 1. General information on the disease

Medulloblastoma is a highly malignant, *solid tumour* that develops due to a malignant transformation of *cells* of the *cerebellum*, a part of the brain. Since it directly originates from the *central nervous system* (CNS), it is also called a *primary CNS tumour*, thereby differentiating it from malignant tumours of other organs that have spread (metastasised) to the CNS.

Medulloblastoma are "embryonal tumours", which means, they originate from extremely immature (undifferentiated) cells of the central nervous system, which divide at a high rate. Therefore, these tumours grow very fast.

Generally, a medulloblastoma spreads – by uncontrolled proliferation – from the cerebellum into the adjacent tissue, for example into the *brainstem*, but also into the cavities of the brain (*cerebral ventricles*) – to be precise, into the fourth ventricle, which is located within the back part of the brain (*posterior cranial fossa*).

The tumour cells also spread via the *cerebrospinal fluid* (CSF), thereby forming metastases [see *metastasis*] in other parts of the central nervous system, such as the spinal canal (*spinal cord*). A total of one third of the patients with medulloblastoma already present with solid metastases at initial diagnosis, which are visible by *imaging* diagnostics. About a quarter of the patients present with tumour cells in the cerebrovascular fluid (CSF), which can be identified under the *microscope*. Metastasis outside the CNS, for instance to bones, *bone marrow*, lung, or *lymph nodes*, is very rare for medulloblastoma.

Depending on the microscopic (histological) features as well as on *molecular* characteristics of the tumour, medulloblastoma are differentiated and, thus, classified into different subgroups. Their incidences and outcomes vary accordingly (see chapter "Treatment planning").

### 2. Incidence

Approximately 3 % of all malignancies in children and adolescents are medulloblastoma. They account for about 12 % of all CNS tumours occurring in childhood and adolescence. Each year, about 60 children and adolescents under 18 years of age are newly diagnosed with medulloblastoma in Germany. This corresponds to an incidence rate of 5 per 1,000,000 children/ adolescents.

Medulloblastoma are most frequent within the first nine years of life. The patients' average age at diagnosis is approximately seven years. Boys are affected more often than girls (gender ratio: about 2 : 1)

#### 3. Causes

Medulloblastoma is caused by a malignant transformation of *nerve tissue* cells. The reasons for tumour development have not been completely found out yet. It is known so far, that children and adolescents with certain inherited diseases (such as *Gorlin-Goltz syndrome*, *Li-Fraumeni syndrome*, or *Fanconi anaemia*) have a higher risk of developing a medulloblastoma than their healthy peers. Since these genetic conditions are associated with an elevated risk for tumour development, they are also known as *cancer predisposition syndromes*.

In addition, it has been shown that medulloblastoma are frequently associated with certain *chromosomal* aberrations within cells. The resulting impairments of cell development and cell communication may be contributing factors promoting the transformation of a healthy into a cancer cell. Also, *radiation therapy* of the brain, for example as received by patients with certain forms of *leukaemia* or with eye cancer (*retinoblastoma*), may lead to an increased risk of developing a CNS tumour later in life.

### 4. Symptoms

Due to the uncontrolled and aggressive growth pattern of medulloblastoma, *symptoms* typically develop and deteriorate fast. Similar to those of other tumours of the *central nervous system* (CNS), the presenting symptoms of medulloblastoma primarily depend on the patient's age, the site and size of the tumour as well as its pattern of spread within the CNS. The following general (nonspecific) and local (specific) symptoms can occur:

#### 4.1. General (nonspecific) symptoms

Unspecific general symptoms occur independently of the tumour's location. They may be similar to and therefore mimic other, non-CNS diseases. General symptoms of a child or adolescent with a CNS tumour may include headaches and/or back pain, dizziness, loss of appetite, nausea and vomiting (particularly after getting up in the morning), weight loss, increasing fatigue, inability to concentrate, school problems, mood swings, and character changes as well as developmental delay, to name a few.

Major reason for these symptoms is the slowly but continuously increasing intracranial pressure (ICP). An elevated intracranial pressure may be caused by the growing, thus more and more spaceoccupying tumour within the bony skull. It may as well be due to the tumour blocking the regular flow of the *cerebrospinal fluid* – as is frequent in medulloblastoma patients –, thereby forming *hydrocephalus*. In babies or small children with soft spots (open *fontanelles*), elevated intracranial pressure and hydrocephalus typically present with a bulging fontanelle or a larger than expected head circumference (*macrocephalus*), respectively.

#### 4.2. Local (specific) symptoms

Local symptoms may indicate the tumour location and, thus, which functional regions of the CNS might be affected. Thus, tumours like medulloblastoma, which arise in the *cerebellum* and frequently spread into the into the fourth ventricle and the *brainstem*, can cause dizziness and gait

disturbances, increasing imbalance including insecurity when jumping or walking stairs as well as sensory and coordination problems.

Also, visual deficits (such as strabism, double vision, and uncontrolled eye movements) due to impaired cranial nerves can occur. In case medulloblastoma has spread to other areas of the central nervous system, other symptoms may occur, such as back pain or muscle weakness when the *spinal cord* is affected.

**Good to know:** Not all patients presenting with one or more of the symptoms mentioned above do have a medulloblastoma or another type of brain tumour. Many of these symptoms may also occur with other, harmless diseases that are not associated with a brain tumour at all. However, if certain symptoms persist or get worse (for example repetitive headaches or rapid increase of head circumference in a young child), a doctor should be seen to find the underlying reason. In case it is a medulloblastoma or some other brain tumour, treatment should be started as soon as possible.

### 5. Diagnosis

If the paediatrician thinks that the young patient's history (*anamnesis*) and *physical examination* are suspicious of a tumour of the central nervous system (CNS), the child should immediately be referred to a hospital with a childhood cancer program (paediatric oncology unit), where further diagnostics can be initiated and performed by childhood cancer professionals. Very close collaboration between various specialists (such as *paediatric oncologists*, paediatric neurosurgeons, paediatric *radiologists*, to name a few) is required, both to find out, whether the patient really suffers from a malignant *CNS tumour* and, if so, to determine the tumour type and the extension of the disease. Knowing these details is absolutely essential for optimal treatment and *prognosis*.

#### 5.1. Tests to secure diagnosis

The initial diagnostic procedures for a young patient presenting with a suspected CNS tumour at a childhood cancer centre include another assessment of the patient's history, a thorough physical/ *neurological* exam and *imaging* diagnostics, such as *magnetic resonance imaging* (MRI) with and without *contrast agent* or (less often) *computed tomography* (CT). These tests help find out exactly whether the patient has a tumour of the central nervous system. Also, localisation and extent of the tumor, its demarcation regarding adjacent tissue as well as a potential *hydrocephalus* can be diagnosed by these imaging techniques very well.

In order to validate the final diagnosis, *histological* and *molecular* analysis of surgically obtained tumour tissue is required. Usually, this is done using the tissue obtained during surgical tumour removal.

The extent of histological and, especially, *molecular genetic* workup has been substantially increased over the past years. Today's option of using modern lab techniques makes it possible to identify molecular tissue characteristics that do not only help finalize the diagnosis, but can

Ľ

also provide information on what to expect regarding the course of the disease (such as growth behaviour). Hence, molecular diagnostics already play an important role in treatment planning and will most certainly become even more relevant in the future.

#### 5.2. Tests to assess spread of disease

Once the diagnosis of a medulloblastoma has been confirmed, additional tests are required to assess the extent of the disease within the central nervous system (CNS). Apart from *MRI* scans of the complete CNS (brain and spine) for macroscopic metastases [see *metastasis*], these tests also include microscopic checking of the *cerebrospinal fluid* (CSF) for tumour cells in the spinal cord (which are not visible by MRI scan). Cerebrospinal fluid is mostly obtained from the spine in the lower back (*lumbar puncture*), since the risk of the puncture needle damaging the spinal cord is lowest at the lower back level.

#### 5.3. Tests before treatment begins

In preparation for the intensive treatment of the brain tumour, further investigations are performed. The scope of these examinations depends on the planned therapy and any concomitant diseases present. Diagnostic testing may include check of heart function by *electrocardiography* (ECG) and/ or *echocardiography*, a check of hearing (by an *audiogram* as well as by otoacoustic emissions (OAE) and/or BERA hearing test), an *electroencephalography* (EEG) or electrophysiological examinations (e.g. sensory *evoked potentials*, SEPs), to name a few.

Furthermore, additional blood tests are needed to assess the patient's general health condition and to check whether the function of certain organs (such as liver and kidneys) is affected by the disease and whether there are any metabolic disorders to be considered prior or during therapy. The condition and function of the hormonal glands will be checked in order to detect and manage potential tumour- and/or treatment-associated endocrinological impairments as early as possible. For the same reason, neuropsychological testing [see *neuropsychology*] might be done prior to cancer treatment. Any changes occurring during the course of treatment can be assessed and managed better based on the results of those initial tests, which thus help to keep the risk of certain treatment-related side effects as low as possible.

Also, the patient's *blood group* needs to be determined in case a *blood transfusion* is required during treatment. In sexually mature females (which means after they have experienced their first menstrual bleeding), a pregnancy test is recommended prior to treatment as well.

**Good to know:** Not every patient needs the complete check-up. On the other hand, tests might be added that haven't been mentioned here, depending on the individual situation of the patient. Your caregivers will inform you and your child, which diagnostic procedures are individually required in your case and why.

#### **Psychosocial Care**

A child's cancer is a stressful situation for the whole family. The psychosocial team of the clinic or later the aftercare facility provides advice and support to patients and their relatives from diagnosis to completion of treatment as well as during aftercare. Don't hesitate to take advantage of this offer.



It is an integral part of the treatment concept of all paediatric oncology centres in many countries. Here you will find comprehensive information on this.

#### 6. Treatment planning

14

Once the diagnosis and extent of a medulloblastoma has been confirmed, treatment planning starts. In order to provide the patient with the best possible individual and risk-adapted therapy, the treatment team considers specific factors that are known to have an impact on the *prognosis* (so-called *prognostic factors*).

One important prognostic factor is the type (subtype) of medulloblastoma. Further prognostic factors are the size, localization, and spread of the tumour (*metastasis*). In addition, response to chemotherapy and the patient's age at the time point of diagnosis play an important role. Age at diagnosis, for example, determines whether the patient may receive radiotherapy or not.

Also, cancer predisposition syndromes (such as *Li-Fraumeni syndrome*, *Gorlin-Goltz syndrome*, or *Fanconi anaemia*) and the patient's overall physical condition are of importance. All these factors are included in treatment planning in order to achieve the best outcome possible for each patient.

#### 6.1. Classification of Medulloblastoma

According to the World Health Organization (*WHO*), medulloblastoma is defined as a high-grade malignant tumour (CNS WHO grade 4). However, there are various subtypes of medulloblastoma: They look different under the microscope, meaning *histological*ly, and also present with different *molecular* characteristics. Since these differences are sometimes associated with different prognostic outcomes, too, considering them is crucial for optimal treatment planning.

As per current classification of the World Health Organization for Tumours of the Central Nervous System (CNS *WHO classification* 2021), the following histological subtypes of medulloblastoma have been defined:

- classic Medulloblastoma
- desmoplastic/nodular Medulloblastoma
- anaplastic / large cell Medulloblastoma
- Medulloblastoma with extensive nodularity

However, the appearance of the tumours under the microscope is insufficient to predict their growth behaviour. Therefore, since 2016 classification has been based on *molecular genetic* (biological) tumour characteristics in addition to the histological features.

The WHO classification 2021 differentiates the following four genetic (molecular) medulloblastoma subgroups (with their naming largely based on the signal pathways involved, SHH and WNT):

- Medulloblastoma WNT-activated
- Medulloblastoma SHH-activated and TP53 wildtype
- Medulloblastoma SHH-activated and TP53 mutated
- Medulloblastoma without WNT or SHH activation

**Important to know:** Histological and/or molecular medulloblastoma subgroups with either favourable or unfavourable prognosis exist. For example, a WNT-activated medulloblastoma is associated with a favourable outcome, whereas the risk of recurrent disease is high in patients with a SHH-activated medulloblastoma and *TP53* mutation or in patients with a medulloblastoma without WNT/SHH activation and *MYCN amplification* (the latter of which is a genetically unfavourable alteration).

Every patient will be stratified – based on all prognostic factors (histological and molecular subtype, metastasis, residual tumour, age at diagnosis) – into a specific treatment group (such as low-risk, standard risk or high-risk group), each of which considers the individual risk of relapse. The higher the risk of relapse, the more intense is usually the treatment.

### 7. Treatment

Treatment of children and adolescents with medulloblastoma should take place in a children's hospital with a paediatric oncology program. Only in such a childhood cancer centre, highly experienced and qualified staff (doctors, nurses and many more) is guaranteed, since they are specialized and focus on the diagnostics and treatment of children and teenagers with cancer according to the most advanced treatment concepts. The doctors in these centres collaborate closely with each other. Together, they treat their patients according to treatment plans (protocols) that are continuously optimised. The goal of the treatment is to achieve higher cure rates while avoiding side effects as much as possible.

Current treatment concepts involve neurosurgical tumour removal, chemotherapy and, depending on the patient's age, radiotherapy of the brain and spinal cord. For some patients, high-dose chemotherapy followed by stem cell transplantation may be an option, too.

#### 7.1. Surgery

Immediate *surgery* for tumour removal is crucial for patients with medulloblastoma, because most of them are in critical clinical condition due to the tumour and subsequent impairment of *cerebrovascular fluid* flow (which can cause *hydrocephalus*). Goal of surgery is gross (microsurgical) total tumour resection. This means that at the end of the surgical procedure, no tumour tissue can be identified through the surgical microscope.

Due to these neurosurgical techniques [*neurosurgery*], total tumour resection can be achieved for more than 50 % of patients with medulloblastoma today. If – at the beginning of treatment – the





tumour cannot be completely removed without risking a substantial damage of the healthy brain tissue, a second attempt of complete resection may be evaluated at a later time point, for example after radio- and/or chemotherapy.

In most medulloblastoma patients, tumour removal also results in normalising the flow of cerebrospinal fluid (CSF). Patients initially presenting with hydrocephalus may need a transient hydrocephalus drainage **prior to** tumour removal or, sometimes, even a permanent *drainage* system later.

#### 7.2. Additional, non-surgical treatment

14

Since medulloblastomas tend to infiltrate adjacent tissue and, furthermore, often spread into other parts of the central nervous system via the cerebrovascular fluid (CSF), only treating the tumour locally is not sufficient. Therefore, surgery is followed by additional non-surgical treatment, comprising *chemotherapy* and, partly, *radiation therapy*.

Chemotherapy uses drugs (so-called cytostatic agents or *cytostatics*) that can kill fast-dividing cells, such as cancer cells, or inhibit their growth, respectively. In order to eliminate as many of the cancer cells as possible, a combination of several cytostatics is usually applied. Frequently-used agents are, for example, cisplatin, vincristine, cyclophosphamide, etoposide, carboplatin, lomustine, and methotrexate.

Radiotherapy is done using energy-rich, *electromagnetic* radiation, given through the skin to the tumour region. Radiation causes *DNA* damage in tumour cells, thereby leading to cell death. Modern radiation techniques, such as *intensitiy-modulated radiotherapy* (IMRT), help minimise radiation damages in healthy tissue. Aside from this conventional radiotherapy (with *photons*), *proton therapy* (using *proton radiation*) has become an option for many patients as well. This type of radiotherapy allows to reduce the effects of radiation in healthy tissue even better and is, therefore, gaining an increasing importance in the treatment of children and teenagers with solid tumours.

Decision upon which therapy is to be applied (treatment methods, kind and intensity of chemo-/ radiotherapy) is based on the patient's age, the histological and molecular subtype of the tumour, certain genetic risk factors as well as on the extent of both metastases and surgical tumour removal (*see chapter "Therapy planning"*).

The following paragraphs provide an overview of various treatment options. Please note, that – due to the complexity of treatment options (according to the large spectrum of molecular subtypes and other relevant risk factors) – we do not claim completeness. Your child's caregiver team will provide you with the details applying to the best treatment options for your child. In general, high-risk patients receive a more intense therapy than patients with low- or standard-risk medulloblastoma.

# 7.2.1. Treatment of low- and standard-risk medulloblastoma in patients older that 3–5 years

Children and adolescents with non-metastasised medulloblastoma, who – based on the tumour biology – have been stratified into the low- or standard-risk group, respectively, and who are older

14

than 3 to 5 years at diagnosis (the age limit is adjusted to the medulloblastoma subtype), usually receive radiotherapy of the complete central nervous system (craniospinal radiotherapy), followed by an additional radiation boost to the tumour site (local radiation). Radiotherapy is followed by a so-called maintenance chemotherapy, which includes a combination of cytostatic agents.

#### 7.2.2. Treatment of high-risk medulloblastoma in patients older that 3–5 years

Patients over 3 to 5 years with metastasised disease and/or who have been stratified to the highrisk group based on the biology of their tumour (such as patients with anaplastic / large cell medulloblastoma or with a medulloblastoma harbouring a *TP53 mutation* or *MYCN amplification*, respectively) will usually receive an intensified treatment. An intensified regimen includes at least a radiotherapy with higher doses as usual. For some patients, even a so-called induction chemotherapy may be given prior to radiotherapy. Either or, radiotherapy (of central nervous systems and tumour site) is always followed by maintenance chemotherapy.

Note on the current SIOP HR medulloblastoma study for patients 3 years of age and older: As part of the SIOP HR medulloblastoma *therapy optimising trial*, it is currently being examined whether hyperfractionated accelerated radiotherapy (HART) or *high-dose chemotherapy* plus standard radiotherapy leads to better survival rates than current standard radiotherapy. In hyperfractionated radiotherapy, higher total radiation doses are administered in a larger number of sessions, twice daily and with a slightly lower radiation dose per session. High-dose chemotherapy is accompanied by a subsequent autologous stem cell transplant. In addition, two types of maintenance chemotherapy are compared, also with regard to treatment outcomes and thus survival rates. The allocation of patients to the respective treatment arms (standard arm, study arms) is randomized [see *randomisation*.

#### 7.2.3. Treatment of children younger than 3–5 years

Brain development is ongoing in children younger than 3 to 5 years of age. Therefore, in order to prevent or at least minimise the risk of severe late effects, current treatments do not routinely include radiotherapy for this age group or consider it as a delayed treatment option. Instead, surgical tumour removal is followed by chemotherapy with multiple agents. Chemotherapy can differ in intensity, depending on the tumour type and individual risk status (standard-/high-risk medulloblastoma).

Subsequent therapy, as well, is based on the tumour type, existing metastasis and patient's age at diagnosis. Standard-risk patients with good response to treatment (that means complete or partial tumour elimination) usually continue with chemotherapy. In case of no or insufficient tumour shrinkage, children older than 18 months of age may receive radiotherapy of the tumour region. In younger children, time until they are 18 months old is bridged by another round of chemotherapy. Also, a second surgery to remove residual tumour is regularly being considered.

Some patients may also benefit from *high-dose chemotherapy* followed by *autologous stem cell transplantation* to increase their chances of survival. Current treatment regimens particularly

consider this option for children with metastasised medulloblastoma who are younger than four years, as well as for certain patients with recurrent disease (*recurrence*, relapse).

#### 7.2.4. Treatment in case of relapse

The treatment regimens for patients with relapse are generally considering the patient's overall condition, the intensity of prior treatment, and the initial response to chemotherapy. In general, the treatment of recurrent disease includes all options of local treatment (surgery, radiotherapy) as well as chemotherapy.

#### 8. Therapy optimising trials and registries

The majority of the children and adolescents with medulloblastoma or a relapse of this disease receive therapy according to the treatment plans of *therapy optimising trials* or registries.

Therapy optimising trials are standardised and controlled clinical trials that aim at steadily developing and improving treatment concepts for sick patients based on the current scientific knowledge. Patients who cannot participate in any study, for example because none is available or open for them at that time, or since they do not meet the required inclusion criteria, respectively, are often included in a so-called **registry**. One goal of a registry is to collect treatment data for research questions. Furthermore, the registry center supports the doctors at site with (non-commital) treatment recommendations based on the most recent data on best treatment options, in order to provide the patient with optimal therapy even without the framework of a clinical study.

Currently, the following therapy optimising trials and registries are available for patients with medulloblastama in Germany:

- SIOP HR-Medulloblastoma: Since November 2023, the international therapy optimising trial SIOP HR-Medulloblastoma (a phase III study) has been available for patients with high-risk medulloblastoma (also see chapter "Therapy Non-surgical treatment"). The trial admits children, adolescents and young adults who are at least 3, but still under 21 years of age at the timepoint of diagnosis or surgery, respectively. Numerous teatment centres in Germany as well as in other European countries are participating in this study. The national (German) headquarters of the trial are located at the Children's Cancer Centre at the University of Hamburg, Germany. The head of the trial is Prof. Dr. med. Stefan Rutkowski.
- Trial SIOP-PNET 5 MB for patients with medulloblastoma: From April 2014 to April 2022, patients with medulloblastoma had the possibility to participate in the European-wide study SIOP-PNET 5 MB. Initially open only for patients with low- or standard-risk and recurrent disease, the study had been offering different treatment arms also for certain high-risk patients since fall 2018. One of the eligibility criteria for the study was an age of 3–5 years at diagnosis (depending on the medulloblastoma subtype). The trial headquarters are located in the Children's Cancer Centre at the University of Hamburg, Germany (head of the trial: Prof. Dr. med. Stefan Rutkowski). Note: Since 06/04/2022, no further patients have been recruited into the trial!



- I-HIT-MED Registry: Medulloblastoma patients under 22 years of age, who, for different reasons, cannot or do not want to participate in any currently available or open trial, can be enrolled in the International HIT-MED Registry, regardless of the treatment given. These patients will receive treatment as per individually designed treatment plans. The goal of the registry is not to assess the feasibility of an ongoing trial, safety or efficacy of a certain treatment. It rather aims at collecting individual patient data for future analysis. The headquarters of the registry are located in the Children's Cancer Centre at the University of Hamburg, Germany. Head of the registry is Prof. Dr. med. Stefan Rutkowski.
- HIT-REZ Registry: From January 2015 to April 2023, patients whose disease did not respond to current treatments (therapy-resistant, progressive medulloblastoma) or with recurrent disease (relapse), respectively, had the option to be enrolled in the HIT-REZ Registry. This registry (under the head of Prof. Dr. med. Gudrun Fleischhack, Children's Cancer Centre at the University of Essen, Germany) did not serve to test new treatment regimens or drugs. Note: Patient uptake into the registry was stopped by 24/04/2023. Since 2024, patients with recurrent disease have been enrolled in the I-HIT-Med Registry as well (see above).

#### 9. Prognosis

14

The chances of cure (prognosis) for children and adolescents with medulloblastoma have improved considerably over the last decades. Today's modern diagnostic procedures and the use of intensive, standardised combination therapies currently result in 5-year survival rates of about 75 % and 10-year survival rates of almost 70 %.

Individual *prognosis* is influenced by the medulloblastoma subtype, existence of *metastasis*, age at diagnosis and response to therapy. Patients with a favourable risk profile can achieve survival rates higher than 80%, particularly patients with a SHH-activated medulloblastoma without *TP53* mutation or a WNT-activated medulloblastoma. Patients with unfavourable risk profile (such as with anaplastic or large-cell medulloblastoma or with *MYCN amplification*) have a lower chance of cure. Metastases can (though not necessarily always) be associated with a more unfavourable outcome, since prognostic co-factors such as tumour type and treatment response have an impact, too.

Until the end of the Eighties, prognosis of young children (younger than 4 years) was significantly poorer than in older children and adolescents. It improved substantially after the introduction of treatment protocols with intensified chemotherapy. Patients with recurrent disease (*recurrence*) usually have a rather unfavourable prognosis. In individual settings, chances of long-term survival can be achieved by *high-dose chemotherapy* followed by *autologous stem cell transplantation*.

**Note:** The survival rates mentioned in the text above are statistical values. Therefore, they only provide information on the total cohort of patients with childhood medulloblastoma. They do not predict individual outcomes.

In the context of cancer, the term "cure" should rather be referred to as "free of cancer", for even if current treatment regimens may help remove the tumour, the the tumour's growth may have caused irrepairable damage to the brain or the treatment may be associated with late-effects. Early detection and appropriate management of these long-term secondary effects typically require



intensive *rehabilitation* and thorough long-term follow-up care, although a patient may have been "cured" from the cancer.



## **Bibliography**

- [1] Erdmann F, Kaatsch P, Grabow D, Spix C ,, German Childhood Cancer Registry - Annual Report 2019 (1980-2018)" Institute of Medical Biostatistics, Epidemiology and Informatics (IMBEI) at the University Medical Center of the Johannes Gutenberg University Mainz 2020, https://www.kinderkrebsregister.de/typo3temp/ secure\_downloads/42507/0/1c5976c2ab8af5b6b388149df7182582a4cd6a39/ Buch\_DKKR\_Jahresbericht\_2019\_komplett.pdf [uri]
- [2] Fleischhack G, Rutkowski S, Pfister SM, Pietsch T, Tippelt S, Warmuth-Metz M, Bison B, van Velthoven-Wurster V, Messing-Jünger M, Kortmann RD, Timmermann B, Slavc I, Witt O, Gnekow A, Hernáiz Driever P, Kramm C, Benesch M, Frühwald MC, Hasselblatt M, Müller HL, Sörensen N, Kordes U, Calaminus G. ", ZNS-Tumoren" *in: Niemeyer C, Eggert A* (*Hrsg.*): Pädiatrische Hämatologie und Onkologie. Springer-Verlag GmbH Deutschland, 2. vollständig überarbeitete Auflage 2018: 359, 978-3-662-43685-1 [isbn]
- [3] Frühwald MC, Rutkowski S ", ZNS-Tumoren bei Kindern und Jugendlichen" *Dtsch Arztebl Int* 2011; 108(22):390-7
- [4] Gerber NU,Mynarek M,von Hoff K,Friedrich C,Resch A,Rutkowski S ", Recent developments and current concepts in medulloblastoma." *Cancer treatment reviews* 2014 Apr;40(3):356-65, 24389035 [pubmed]
- [5] von Hoff K,Hinkes B,Gerber NU,Deinlein F,Mittler U,Urban C,Benesch M,Warmuth-Metz M,Soerensen N,Zwiener I,Goette H,Schlegel PG,Pietsch T,Kortmann RD,Kuehl J,Rutkowski S ", Long-term outcome and clinical prognostic factors in children with medulloblastoma treated in the prospective randomised multicentre trial HIT'91." *European journal of cancer (Oxford, England : 1990)* 2009 ;45(7):1209-17, 19250820 [pubmed]
- [6] Lannering B,Rutkowski S,Doz F,Pizer B,Gustafsson G,Navajas A,Massimino M,Reddingius R,Benesch M,Carrie C,Taylor R,Gandola L,Björk-Eriksson T,Giralt J,Oldenburger F,Pietsch T,Figarella-Branger D,Robson K,Forni M,Clifford SC,Warmuth-Metz M,von Hoff K,Faldum A,Mosseri V,Kortmann R ", Hyperfractionated versus conventional radiotherapy followed by chemotherapy in standard-risk medulloblastoma: results from the randomized multicenter HIT-SIOP PNET 4 trial." *Journal of clinical oncology* 2012 Sep 10;30(26):3187-93, 22851561 [pubmed]
- [7] Louis DN, Perry A, Wesseling P, Brat DJ, Cree IA, Figarella-Branger D, Hawkins C, Ng HK, Pfister SM, Reifenberger G, Soffietti R, von Deimling A, Ellison DW ", The 2021 WHO Classification of Tumors of the Central Nervous System: a summary." *Neuro-oncology* 2021 Aug 2;23(8):1231-1251, 34185076 [pubmed]
- [8] Ripperger T, Bielack SS, Borkhardt A, Brecht IB, Burkhardt B, Calaminus G, Debatin KM, Deubzer H, Dirksen U, Eckert C, Eggert A, Erlacher M, Fleischhack G, Frühwald MC, Gnekow A, Goehring G, Graf N, Hanenberg H, Hauer J, Hero B, Hettmer S, von Hoff K, Horstmann M, Hoyer J, Illig T, Kaatsch P, Kappler R, Kerl K, Klingebiel T, Kontny U, Kordes

U, Körholz D, Koscielniak E, Kramm CM, Kuhlen M, Kulozik AE, Lamottke B, Leuschner I, Lohmann DR, Meinhardt A, Metzler M, Meyer LH, Moser O, Nathrath M, Niemeyer CM, Nustede R, Pajtler KW, Paret C, Rasche M, Reinhardt D, Rieß O, Russo A, Rutkowski S, Schlegelberger B, Schneider D, Schneppenheim R, Schrappe M, Schroeder C, von Schweinitz D, Simon T, Sparber-Sauer M, Spix C, Stanulla M, Steinemann D, Strahm B, Temming P, Thomay K, von Bueren AO, Vorwerk P, Witt O, Wlodarski M, Wössmann W, Zenker M, Zimmermann S, Pfister SM, Kratz CP ", Childhood cancer predisposition syndromes-A concise review and recommendations by the Cancer Predisposition Working Group of the Society for Pediatric Oncology and Hematology." *American journal of medical genetics. Part A* 2017;173(4):1017-1037, 28168833 [pubmed]

- [9] Rutkowski S,Bode U,Deinlein F,Ottensmeier H,Warmuth-Metz M,Soerensen N,Graf N,Emser A,Pietsch T,Wolff JE,Kortmann RD,Kuehl J ,, Treatment of early childhood medulloblastoma by postoperative chemotherapy alone." *The New England journal of medicine*. 2005 ;352(10):978-86, 15758008 [pubmed]
- [10] Rutkowski S, Cohen B, Finlay J, Luksch R, Ridola V, Valteau-Couanet D, Hara J, Garre ML, Grill J. ", Medulloblastoma in young children." *Pediatr Blood Cancer* 2010, 54(4):635-7, 20146217 [pubmed]
- [11] Rutkowski S, Pfister S, Frühwald M, Fleischhack G, Korinthenberg R, Bison B, Hahn G, Mentzel H-J, Langen K-J, Hernáiz-Driever P, Pietsch T ", Leitsymptome und Diagnostik der ZNS-Tumoren im Kindes- und Jugendalter" Gemeinsame Leitlinie der Gesellschaft für Neuropädiatrie und der Gesellschaft für Pädiatrische Onkologie und Hämatologie AWMF online, 2024, https://register.awmf.org/assets/guidelines/025-022I\_S1\_Leitsymptome-Diagnostik-ZNS-Tumoren-Kinder-Jugendliche\_2024-06.pdf [uri]
- [12] Sabel M,Fleischhack G,Tippelt S,Gustafsson G,Doz F,Kortmann R,Massimino M,Navajas A,von Hoff K,Rutkowski S,Warmuth-Metz M,Clifford SC,Pietsch T,Pizer B,Lannering B,SIOP-E Brain Tumour Group ", Relapse patterns and outcome after relapse in standard risk medulloblastoma: a report from the HIT-SIOP-PNET4 study." *Journal of neuro-oncology* 2016 16;, 27423645 [pubmed]



# Glossary

| anamnesis                    |           |       | medical interview, a patient's history, development of signs of illness; the type, onset and course of the (current) symptoms as well as any risk factors (e.g. hereditary diseases) are evaluated during a medical interview.   |
|------------------------------|-----------|-------|--|
| audiogram                    |           |       | hearing test; graphical representation of the subjective hearing<br>ability of sounds; the audiogram records a persons hearing<br>sensitivity in different frequency ranges. The examination is<br>carried out with the help of the patient. By audiogram, the severity,<br>type and cause of a hearing disorder can be determined. A<br>separate audiogram is created for each ear, usually by the ear-<br>nose-throat-(ENT) specialist. An audiogram that deviates from the<br>norm suggests a disease of the ear. The audiogram is one of many<br>methods used to examine hearing (audiometry). |
| autologous<br>transplantatio | stem<br>n | cell  | (re)transfer of blood stem cells, e.g. after a chemotherapy<br>or radiotherapy; the patient receives his own cells that were<br>previously taken from their own bone marrow or blood.<br>Autologous stem cell transplantation may be an option, for<br>example, for certain patients with lymphoma, neuroblastoma, soft<br>tissue sarcoma, or a brain tumour.  |
| blood group                  |           |       | hereditary, usually stable, structural characteristics (blood group<br>antigens) of blood components (e.g. AB0 blood groups) located<br>on the cell walls of blood and other tissue cells;   |
| blood transfus               | sion      |       | transfer of blood (whole blood) or blood components (e.g. red blood cells or platelets) from a donor to a recipient.   |
| bone marrow                  |           |       | site of blood formation; spongy tissue with a strong blood supply<br>that fills the cavities inside many bones (e.g., vertebrae, pelvic<br>and thigh bones, ribs, sternum, shoulder blade, and collarbone);<br>in the bone marrow, all forms of blood cells develop from blood<br>progenitor cells (blood stem cells).   |
| brainstem                    |           |       | the section of the brain that forms the transition between the<br>brain and the spinal cord; it controls vital functions, such as<br>breathing, heart rate and blood pressure, and is responsible for<br>important reflexes such as the blinking, swallowing or coughing<br>reflex, lacrimation and saliva production. This is also where the<br>roots of the cranial nerves are located.  |
| cancer<br>syndrome           | predispos | ition | genetic disorders that can include malformations and intellectual disability in addition to an increased risk of tumors;   |

|                        | according to current knowledge, about 10% of childhood<br>and adolescent cancers develop due to a known hereditary<br>change or cancer predisposition syndrome. Cancer predisposition<br>syndromes include Louis Bar syndrome (= ataxia telangiectatica),<br>Beckwith-Wiedemann syndrome, Down syndrome, Hippel-<br>Lindau syndrome, Li-Fraumeni syndrome, MEN syndrome,<br>neurofibromatosis and WAGR syndrome. The familial form of<br>retinoblastoma is also part of it. |
|------------------------|---|
| cell                   | the smallest functional unit in organisms with the ability to perform<br>metabolism, involuntary muscle movement and reproduction and<br>to respond to stimuli; each cell contains a nucleus and a cell body<br>(cytoplasm) and is externally bounded by the cell membrane.   |
| central nervous system | comprises the brain and spinal cord and is separated from<br>the so-called peripheral nervous system; as a central organ<br>of integration, coordination and regulation, it serves to process<br>external sensory impressions as well as stimuli produced by the<br>organism itself.  |
| cerebellum             | part of the brain that is located in the posterior fossa of the skull, between the cerebrum and the brainstem; it is mostly responsible for the coordination of all body movements and also for maintaining balance.  |
| cerebral ventricles    | cerebral ventricles filled with cerebrospinal fluid; the four cerebral ventricles represent the continuation of the spinal canal merging into these four chambers in the brain.   |
| cerebrospinal fluid    | fluid produced by cells of the cerebral ventricles; it floats around<br>the brain and spinal cord to protect them from injury and provide<br>them with nutrients.   |
| chemotherapy           | here: use of drugs (chemotherapeutic agents, cytostatics) for the specific inhibition of tumor cells in the organism  |
| chromosomal            | referring to the chromosomes, carriers of the genetic material (see chromosomes)  |
| CNS tumour             | tumour of the central nervous system; a primary CNS tumour is<br>a solid tumour that originates from brain or spinal cord tissue.<br>Secondary CNS tumours are metastases of tumours located in<br>other organs or tissues.   |
| computed tomography    | imaging, X-ray diagnostic procedure; it produces an image by<br>computer-controlled evaluation of a large number of X-rays from<br>different directions. This makes it possible to produce sliced   |



|                        | images of body parts (tomograms, transverse or longitudinal sections of the human body)   |
|------------------------|---|
| contrast agent         | substance that can be used to improve the visualization of<br>structures and functions of the body in imaging techniques;<br>contrast agents are mainly used in X-ray diagnostics (X-<br>ray examination, computed tomography), magnetic resonance<br>imaging (MRI) and ultrasound examinations.  |
| cytostatics            | drugs that inhibit cell growth; cytostatics can affect the metabolism<br>of different types of cells, thereby destroying them and/or<br>preventing them from multiplying. Cells that divide frequently are<br>particularly affected.  |
| DNA                    | abbreviation for deoxyribonucleic acid; it carries the genetic<br>information and is found in all living beings. DNA contains the<br>genes that provide the information for the production of ribonucleic<br>acids (RNA) or proteins. It is a large molecule consisting of two<br>nucleic acid chains twisted into a double helix. The individual<br>chains consist of a sequence of four different building blocks<br>(bases), the order (sequence) of which determines the genetic<br>code. |
| drainage               | here: drainage of pathological or increased natural body fluids to<br>the outside, for example drainage of cerebrospinal fluid from the<br>cerebral ventricles or of pathological fluid accumulation from the<br>pleura (pleural drainage);   |
| echocardiography       | ultrasound examination of the heart to check its performance<br>(cardiac function); the position or structure of the heart valves and<br>walls, the wall thickness of the heart muscle, the size of the heart<br>and the ejected blood volume (pumping function of the heart) are<br>examined and assessed, among other things.   |
| electrocardiography    | method of measuring the electrical activity of the heart  |
| electroencephalography | method of recording the electrical activity of the brain; the electroencephalogram (also abbreviated EEG) is the graphical representation of this electrical brain activity. Its evaluation can provide evidence of brain dysfunctions.   |
| electromagnetic        | electromagnetic rays (also known as electromagnetic waves) consist of coupled electric and magnetic fields; examples of electromagnetic radiation are X-rays and gamma rays as well as radio waves, thermal radiation and light.  |
| evoked potentials      | examination method that can be used to test the conductivity<br>and thus the functionality of nerve pathways; the principle is  |

|                        | based on a controlled stimulation of a sensory organ or peripheral<br>nerve (e.g. eyes, hearing, sense of touch) and the verification<br>of the stimulus response (electrical potential) triggered by this in<br>processing regions of the central nervous system.  |
|------------------------|---|
| Fanconi anaemia        | hereditary haematopoietic disorder; it is mainly characterized by<br>a progressive dysfunction of the bone marrow, which leads to<br>a reduced formation of blood cells (bone marrow insufficiency),<br>as well as by chronic anaemia and a high risk of cancer<br>(especially for acute myeloid leukaemia). Other concomitant<br>symptoms include skeletal malformations (e.g. short stature,<br>malformations of the thumbs and arms). Fanconi anemia is one of<br>the cancer predisposition syndromes. At the cellular level, there<br>is an increased chromosomal fragility; this leads to chromosomal<br>changes and, as a result, to disorders of cell cycle control. |
| fontanelle             | soft spot on an infant's head, due to the bony plates not having connected yet; the final closure usually occurs before the age of two.   |
| Gorlin-Goltz syndrome  | a hereditary disease associated with a number of developmental<br>disorders and a predisposition to various cancers, the most<br>common being a form of skin cancer (basal cell carcinoma);   |
| high-dose chemotherapy | the use of a particularly high dose of cell growth-inhibiting drugs<br>(cytostatics); in the case of cancer, it aims to destroy all malignant<br>cells. Since the haematopoietic system in the bone marrow is<br>also destroyed, the patients own or foreign blood stem cells<br>must then be transferred (autologous or allogeneic stem cell<br>transplantation).  |
| histological           | concerning the tissues of the body; in a histological (fine tissue)<br>examination, tissue samples are examined under the microscope<br>after special preparation (preparation of tissue sections and use<br>of certain staining techniques).   |
| hydrocephalus          | medical term for abnormal buildup of cerebrospinal fluid in the cavities (ventricles) in the brain; it is caused by a dilation of the brain's ventricles due to various causes.   |
| imaging                | diagnostic procedures generating images of the inside of the<br>body, such as ultrasound and X-ray examination, computed<br>tomography, magnetic resonance imaging, and scintigraphy  |
| leukaemia              | malignant disease of the blood forming (haematopoietic) system<br>and the most common cancer in children and adolescents<br>(about 33%); depending on the origin of the malignant cells,  |

1/2

a distinction is made between lymphoblastic and myeloid leukaemias. Depending on the course of the disease (fast or slow), a distinction is made between acute and chronic leukaemias.

- Li-Fraumeni syndrome cancer predisposition syndrome characterized by the increased occurrence of various solid tumours within a family; in childhood and adolescence, tumours of the adrenal glands, as well as soft tissue sarcomas, leukaemias and CNS tumours are most commonly observed, in adulthood mainly bone tumours (osteosarcomas), breast cancer and lung tumours. In most cases, there is a change (mutation) of the so-called tumour suppressor gene TP-53 (protein p53).
- Iumbar puncture puncture of the spinal canal in the lumbar spine, e.g. to remove cerebrospinal fluid (CSF) or for the purpose of administering medication (so-called intrathecal treatment); in the case of cancer, a sample and examination of cerebrospinal fluid can be used to detect malignant cells; in the case of increased intracranial pressure due to a CNS tumour, cerebrospinal fluid removal (CSF) is also used to relieve pressure.
- lymph nodessmall lenticular to bean-shaped organs that are part of the bodysimmune system and are located in many parts of the body; theyserve as filter stations for the tissue water (lymph) of a region of<br/>the body and contain cells of the immune system.
- macrocephalus large head, which can be caused by a hydrocephalus (hydrocephalus) in a child with unclosed fontanelles, but also by a large tumour or both
- magnetic resonance imaging diagnostic imaging method; very precise, radiation-free examination method for the visualization of structures inside the body; with the help of magnetic fields, cross-sectional images of the body are generated, which usually allow a very good assessment of the organs and many organ changes.
- metastasis1. tumour spread from the primary site of tumour to other parts of<br/>the body; characteristic feature of malignant tumours (cancer). 2.<br/>collective term for a disease process characterized by malignant<br/>cells spreading from their primary site to other areas of the body<br/>via the bloodstream and/or the lymphatic system.
- microscope an instrument that allows you to magnify objects or certain structures of objects that are not visible to the human eye
- molecular at the level of molecules

| molecular genetic     | referring to structure, formation, development, function and<br>interactions of cells and cell building blocks (e.g. nucleic acids,<br>proteins) at the molecular level; the focus is on the analysis of the<br>genetic information stored in the nucleic acids (DNA and RNA)<br>and its processing in the context of protein synthesis as well as<br>gene regulation.   |
|-----------------------|--|
| MRI                   | abbreviation for magnetic resonance imaging, a very precise, radiation-free examination method for imaging structures inside the body  |
| mutation              | alteration of genetic material; it can arise without any identifiable<br>external cause (so-called spontaneous mutation) or be caused<br>by external influences (induced mutation). External influences<br>include, for example, ionizing radiation or certain chemical<br>substances (mutagens). If somatic cells are affected, it is referred<br>to as a somatic mutation, and if germ cells are affected, it is<br>referred to as a generative mutation. Somatic mutations are<br>not heritable, while germ cell mutations can lead to hereditary<br>damage. Depending on the extent of the change (single or<br>multiple genes, larger chromosome segments or complete<br>chromosomes), a distinction is made between point and block<br>mutations as well as numerical and structural chromosomal<br>aberrations. |
| MYCN amplification    | duplification of the MYCN oncogene, a cancer-causing gene<br>that can be detected in various types of tumours (for example,<br>some neuroblastomas and medulloblastomas); amplification of<br>oncogenes (such as MYCN) is associated with the development<br>and/or spread of some tumors. Tumor cells with the MYCN<br>oncogene are particularly resistant to chemotherapy and<br>radiotherapy.   |
| nerve tissue          | tissue of the nervous system; it consists of nerve cells (neurons) and its own special connective tissue, the glial cells.   |
| neurological          | referring to the function of the nervous system / nerve tissue   |
| neurosurgery          | a branch of surgery that includes parts of the diagnosis and<br>surgical treatment of diseases of the nervous system   |
| paediatric oncologist | paediatrician who is specialized on the management of children and adolescents with cancer   |
| photon                | from ancient Greek "light"; smallest unit of electromagnetic radiation; each photon transports energy.   |

4

Medulloblastoma – Brief Information

Page 22

| physical examination    | an important part of diagnostic examinations; includes palpation<br>and listening to certain body organs as well as testing reflexes to<br>obtain indications of the nature or course of a disease.  |
|-------------------------|--|
| posterior cranial fossa | part of the bony skull that includes the cerebellum, part of the brainstem (the back of the bridge = pons), the 4th cerebral ventricle, and the confluence of the venous blood ducts (confluens sinuum)  |
| prognosis               | prediction of the course and outcome of a disease / prospect of recovery   |
| prognostic factors      | factors that allow an approximate assessment of the further course of the disease (i.e. the prognosis);  |
| proton radiation        | three-dimensional irradiation using protons; proton radiation is<br>used for the treatment of tumours. In this process, the majority of<br>the radiation energy is emitted precisely at the tumour site; the<br>surrounding healthy tissue is spared due to low energy dispersion.   |
| proton therapy          | modern form of radiotherapy using protons for the treatment of<br>malignant tumours; compared to conventional radiotherapy with<br>photons, this type of radiation can specifically target the tumour<br>area, thereby sparing adjacent, healthy tissue from the effects of<br>radiation.  |
| radiologist             | a physician specialized in diagnostic imaging and radiotherapy   |
| randomisation           | (statistical) random distribution of patients to treatment and<br>control groups in a study; the strict random distribution is intended<br>to eliminate systematic errors in the evaluation of therapy studies.  |
| recurrence              | relapse, recurrence of a disease after recovery  |
| rehabilitation          | medical, social, psychosocial and occupational measures after<br>an illness for reintegration into society, work and private life,<br>which may include, among other things, the restoration of abilities<br>through exercise treatment, protheses and other measures  |
| retinoblastoma          | a rare malignant tumour of the retina that occurs almost<br>exclusively in children; there are hereditary and non-hereditary<br>forms of the disease. Either one or both eyes can be affected<br>(unilateral or bilateral retinoblastoma). In very rare cases,<br>hereditary retinoblastoma can also occur together with a brain<br>tumour (e.g., pineoblastoma); in this case, it is called trilateral<br>retinoblastoma. |
| solid tumour            | solid, localized increase of the bodys own tissue; solid tumours can originate from various tissues and can be benign or malignant;  |

Ľ

Ľ

|                          | only the malignant ones are considered as cancers. Solid tumours<br>include all cancers that do not affect the haematopoietic or<br>lymphatic system. The latter are systemic malignancies. The most<br>common solid tumours in childhood and adolescence are brain<br>tumours, followed by neuroblastoma and soft tissue sarcomas.  |
|--------------------------|--|
| spinal cord              | part of the central nervous system; its main function is to transmit<br>messages between the brain and other organs of the body. The<br>spinal cord is protectively enveloped by the three spinal cord<br>membranes and the bony spinal canal.   |
| surgery                  | surgical intervention on or in the body of a patient for the<br>purpose of treatment, less often also in the context of diagnostics;<br>the surgical intervention is carried out with the help of special<br>instruments, generally with the patient under anesthesia.   |
| symptom                  | sign of illness  |
| therapy optimising trial | a controlled clinical trial (study) that aims to provide the best<br>possible treatment for patients and at the same time to improve<br>and develop treatment options; therapy optimisation is aimed not<br>only at improving the chances of recovery, but also at limiting<br>treatment-related side effects and long-term effects. |
| WHO                      | abbreviation for World Health Organization; international federation for cooperation in the field of public health   |
| WHO classification       | international guideline developed by the World Health Organization (WHO) for classification, diagnosis and   |

differentiation/grading of (malignant) diseases